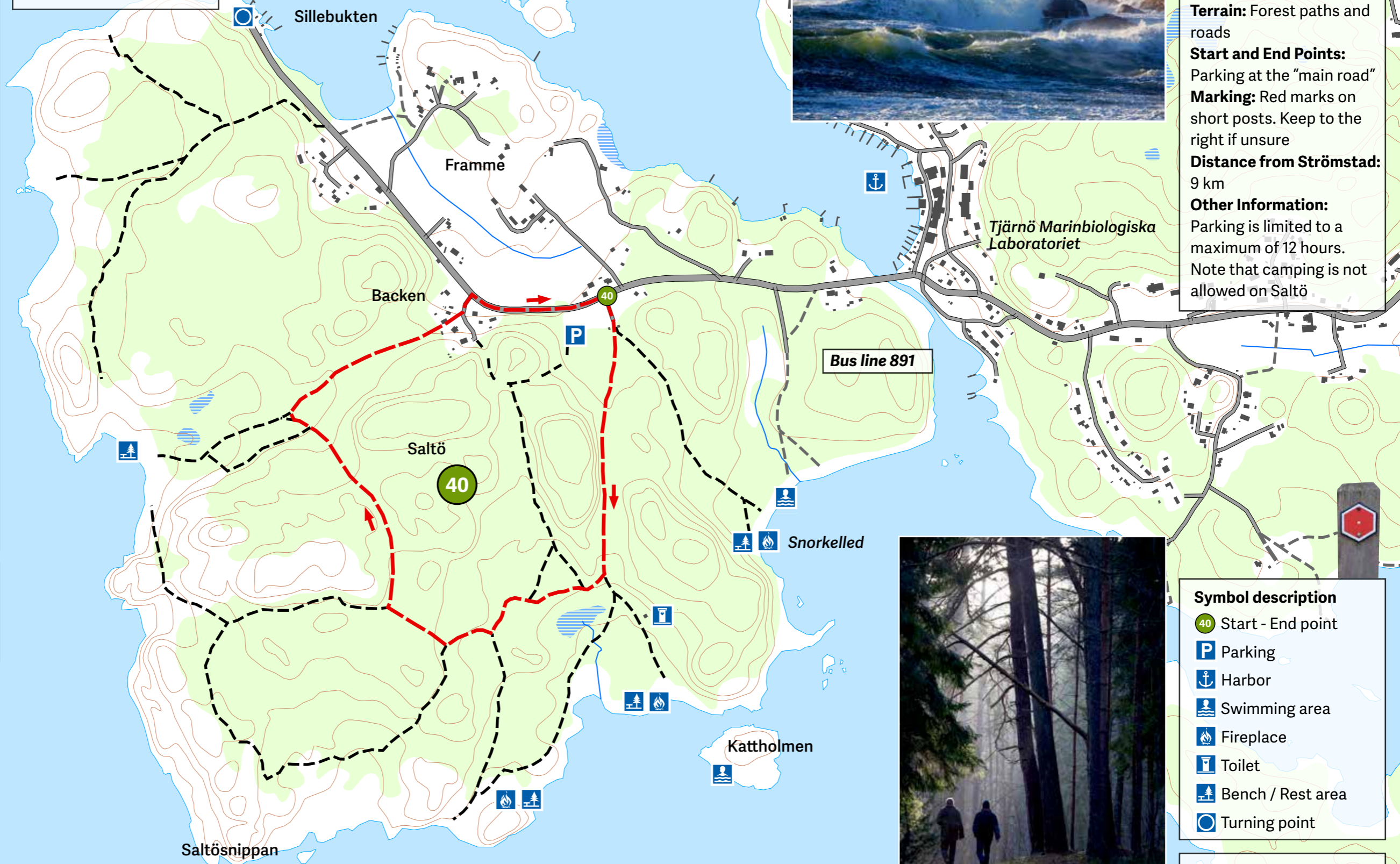


Saltö offers excellent swimming opportunities, a snorkeling trail, and hiking through forests and over cliffs with stunning sea views of Kosterhavet National Park. It's a natural area worth visiting in every season!

There are plenty of easy trails crisscrossing the island. Here, you can hike through everything from straight-trunked pine forests and sandy beaches to weather-exposed rocky outcrops and cobblestone fields. On the west side, you can see a rhomb porphyry dyke. Parallel to this, several diabase dykes can be seen, traditionally referred to as "Hin Håles Harvedrag." Information about Saltö is available at the parking area.

Manager
Kosterhavets
Nationalpark



QUICK FACTS

- Skogsstigen 2 km
- Difficulty Level:** Easy
- Terrain:** Forest paths and roads
- Start and End Points:** Parking at the "main road"
- Marking:** Red marks on short posts. Keep to the right if unsure
- Distance from Strömstad:** 9 km
- Other Information:** Parking is limited to a maximum of 12 hours. Note that camping is not allowed on Saltö



More info about the trail



Symbol description

- Start - End point
- Parking
- Harbor
- Swimming area
- Fireplace
- Toilet
- Bench / Rest area
- Turning point



The map in pdf format

