

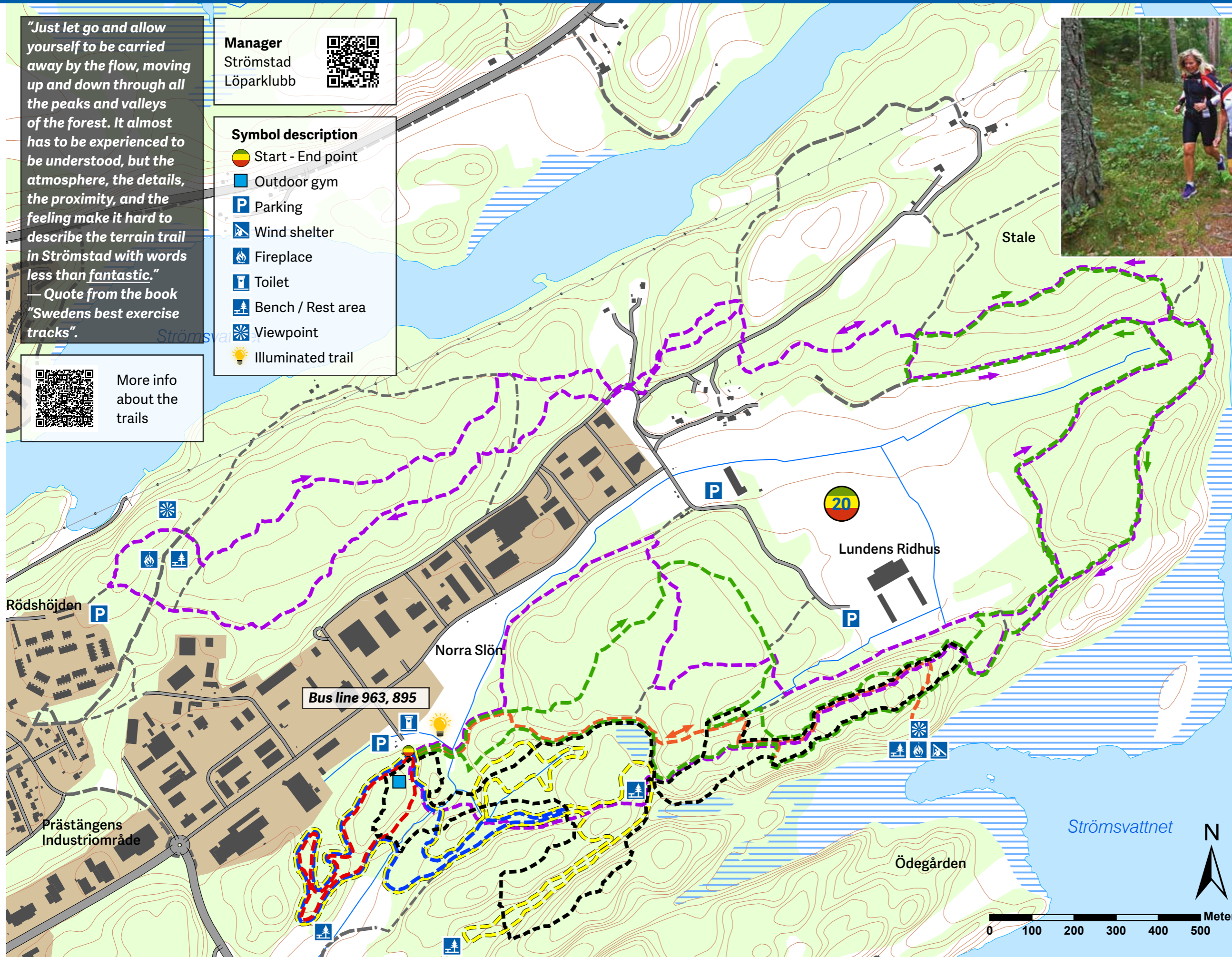
"Just let go and allow yourself to be carried away by the flow, moving up and down through all the peaks and valleys of the forest. It almost has to be experienced to be understood, but the atmosphere, the details, the proximity, and the feeling make it hard to describe the terrain trail in Strömstad with words less than *fantastic*."
 — Quote from the book "Swedens best exercise tracks".

More info about the trails

Manager
 Strömstad
 Löparklubb

Symbol description

- Start - End point
- Outdoor gym
- Parking
- Wind shelter
- Fireplace
- Toilet
- Bench / Rest area
- Viewpoint
- Illuminated trail



QUICK FACTS

- Ettan 1,1 km
- Tvåan 2,0 km
- Äventyrsbanan 3,8 km
- Fyran 4,0 km
- Viltstigen 6,5 km
- Trailspåret 10,6 km
- View/Grill spot 1,5 km

Difficulty Level:
 Easy/Medium/Hard

Terrain: Forest paths and rocky area

Start and End Points:
 Same location where a detailed trail map is available

Marking: Refer to the trail map on site

Distance from Strömstad:
 3 km

Other Information:
 The 1, 2, and 4 km trails are lit. You turn on the lights yourself. Don't miss the viewpoint and grill. There is a lit outdoor gym under a roof at the start/finish area

The map in pdf format

